



# 27th ANMF Annual General Meeting

27<sup>th</sup> ANMF Annual General Meeting was held on May 05-07, 2023, Embassy Suites by Hilton Charlotte Concord Golf Resort and Spa, 5400 John Q. Hammons Drive NW, Concord, NC 28027

**Following are the events that was organized by AGM organizing committee.**

**May 5, 2023, Friday**

1. Athletics events-

Walk/Run 3k /5K: 06:00 AM

- East parking of lot Embassy suites
- Walk start at 6:30, Start from parking lot to Rock River Golf Course

Golf Tournament:

- Rocky River Golf Course
- First Tee 09:00

Soccer: 13:00- 17:00

Park, Bailey Road, Bailey Rd, Cornelius, NC, 28031

2. Sponsor/Exhibitor table setup: 13:00-15:0

3. Registration open at 15:30

4.. Meet-and-Greet 18:00-21:00

**J ¼ Ballroom**

Sponsor acknowledgement

Cultural/Entertainment program

- Singing/dancing DJ
- Dinner Indian Cuisine buffet
- Cash Bar available on site
- No restriction for kids

**May 6, 2023, Saturday****Kannapolis Ballroom**

- 0745 Inauguration
- 0800 Welcome by Chair of organizing committee
- 0810 Theme Song of ANMF
- 0815 Welcome Speech by ANMF president
- 0825 History and Milestones of ANMF
- 0842 ANMF course 2020-2022
- 0850 Acknowledge partners/Donors
- 0900 Welcome message from President of Nepal/Ambassador
- 0910 ANMF secretary report
- 0920 Finance report
- 0930 ANMF Nepal president's address
- 0935 Filling gaps in child healthcare Together
- 0942 Challenges of starting Liver Transplant in Nepal
- 0950 Burn Care Need in Nepal
- 1000 Keynote speakers address: Mr Rashu Shestha

It was followed by Questions and answer session. Different committee also did a summary and their vision by their respective chairperson.

## **1230 ANNUAL GRAND MEETING OF MEMBERS.**

### **Moderator -Dr. Jivan Lamichhane**

Currently, our board of directors consist of 25 members. Our bylaws allows up to 30. Two of our board members have stepped down–Dr. Dixa Dhital and Dr. Shambhu Aryal, we here at ANMF would like to thank them for their service.

As per bylaws, we emailed all members in good standing with a request to apply for the board of directors’ position. We received 7 qualified candidates that met the requirement for the board.

The board of directors 4/29/2023 meeting allowed us to expand our board of directors’ number to 30. All 7 nominees for the board of directors have been vetted and are in good standing. I am presenting them here for their election.

The seven nominees are:

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1. Ananta Subedi, MD from Education, Research and Development Committee
2. Birendra Sah, MD from Collaboration Committee
3. Dilli Bhurtel, MD from Mentorship Committee
4. Rachna Tiwari, MD from Project Committee
5. Santosh Sapkota, MBBS Past President/Project Committee
6. Suman Raj Regmi, MD Membership Committee
7. Upendra Kaphle, MD Collaboration Committee

A motion to elect these nominees for the board of directors was approved unanimously. Now we have 30 board of directors.

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**New list of Bord of Directors:**

Binod Khadka MD  
Bishnu Sapkota MD  
Jivan Lamichhane MD  
Kalpana Shrestha  
Bhupesh Khadka MD  
Julia Shepardson  
Anil Suwal MD  
Bikash Bhattarai MD  
Marvin Brustin  
Raju Century MD  
Ganesh Chaudhary MD  
Binod Dhungana MD  
Navin Kaini MD  
Saroj Kandel MD  
Subodh Mallik MD  
Shradha Mananadhar, MBBS  
Narayan Neupane MD  
Sandesh Pandit MD  
Vikash Pathak MD  
Sunil Sharma MD  
Dinesh Subedi MD  
Swikrity Upadhayaya MD  
Libby Wilson MD  
Ananta Subedi MD  
Birendra Sah MD  
Dilli Bhurtel MD  
Rachna Tiwari MD  
Santosh Sapkota MBBS  
Suman Raj Regmi MD  
Upendra Kaphle MD

After the confirmation of new board members, annual general meeting was adjourned.

## Board Meeting for Board of Directors 2023-2024

New board meeting of directors was held with the agenda to elect president, vice president, secretary, treasurer.

Board meeting was held in the presence of AGM participants (list provided below). Only the board members will be able to vote and other life members were welcomed to join the meeting (without any voting privileges).

Julia Shepardson, Shradha Manandhar, Upendra Kaphle were excused.

The nominee for president is Dr. Binod Khadka, vice president is Dr. Bishnu Sapkota, Secretary is Dr. Jivan Lamichhane and treasurer is Ms. Kalpana Shrestha. Motion to nominate president, vice president, secretary, treasurer was approved unanimously.

The officers are now elected. Our new officers for the year 2023-2024 are-

**President- Binod Khadka**  
**Vice President- Bishnu Sapkota**  
**Secretary–Jivan Lamichhane**  
**Treasurer- Kalpana Shrestha**

We concluded the board meeting and meeting of members session.

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PLEASE REVIEW THE ATTACHED LIST OF LIFE MEMBERS.

**1330 Scientific Session**

Moderator—Dr. Shailendra Sharma and Dr. Yoko Inagaki

Dr. Yoko Inagaki- May Measurement Month in Nepal

Dr. Sanjay Yadav -NIOMH

Dr. Krishna Khanal -DEVGHAT WELLNESS

Dr. Bikash Gupta -REACHING THE UNREACHED

Dr. Dilli Bhurtel -PRERANA

Dr. Shailendra Sharma -CLIMATE CHANGE AND NEPALESE

**MIGRANT WORKERS**

Dr. Rajendra Khanal -MEDICINE IN NEPAL

Mr. Jason Glasor CEO, La Isla Network

## 1430 CME /Mentorship Session(Simultaneous sessions)

### CME- Kannapolis Ballroom

Transforming healthcare in Nepal: A decade of research experience from Nepal- Dinesh Neupane, PhD

Addressing severe mental health care gap in Nepal through collaboration- Shreedhar Paudel, MD, MPH

Cancer care in Nepal – Current challenges, and innovative solutions- Binay Shah, MD

### Mentorship Session

#### Mentors

- Bikash Bhattarai, MD- Interventional Pulmonary and Critical Care
- Binod Dhungana, MD,MBA- Medical Director- Utilization and Management
- Binod Khadka, MD MBA- Program Director, Hospital Medicine
- Bhupesh Khadka, MD, Nephrologist
- Dilli Bhurtel, Md, MRCP, Pediatric Cardiology
- Santosh Sapkota, MBBS, MHA, Healthcare IT Expert
- Vivek Wagle, MD – Ophthalmology

1545 BREAK



**Gala Dinner/Fundraising                      1800-2200**

**J Quarter Ballroom**

- National Anthem (Nepali/English) -Kids performance
- Honoring new life member from May 2022- current
- Sponsors and Donors Acknowledgement
- ANMF Presidential Recognition Awards
- ANMF Theme songs
- ANMF project Videos and fundraising
- ROXY Band performance
- Raffle Drawing and prize distribution
- (2 Swiss timepieces sponsored by Craig Shelly Beverly Hills )
- President vote of thanks

**ROXY Band performance /DJ and Dance    22:00-00:00**

**May 7, 2023, Sunday**

0800 New Board Meeting

New Executive Committee Selection

. Tabled for later.

Committee reshuffle

. Tabled for later.

1000 Meeting adjourns

Attached:

1.Life Members Attendance

2.Secretary Report: Jivan Lamichhane MD

3.Letter from

#Honorable President of Nepal Ramchandra Paudel.

#Honorable Ambassador of Nepal to United States Shridhar Karki.



## Secretary Report

**Date of May 6, 2023**

**Jivan Lamichhane, MD**

I am extremely pleased to report very successful and active year for America Nepal Medical Foundation. We held four board meetings, all of which were run via zoom conference.

As you all know this is a first live AGM after the COVID-19 pandemic. I would like to thank our North Carolina team taking the shoulders to organize the 27<sup>th</sup> AGM here at Charlotte. I remember running 25<sup>th</sup> AGM from my living room in Syracuse NY. We did it and kept the mission of organization going on. It feels so rejuvenated to be with you all to share smiles, handshakes and talk about our kids and still we do not forget to talk about “good old days”. And yet we continue look for opportunities to connect to Nepal and help her improve health care delivery. This year we are focused on the theme of “Moving forward with Networking and Coordination”.

The America Nepal Medical Foundation (ANMF) is a non-profit organization with 501c3 Status that has been working towards improving healthcare in Nepal since 1997. The organization has made significant contributions with over 300 projects and has laid significant impact on healthcare in Nepal, focusing on three key areas:

**# Training and education of healthcare professionals,**

**# Capacity building of Health care delivery infrastructure**

**# Fight against COVID-19.**

**Training and Education of Health Care Professionals:** The organization has established partnerships with several medical institutions in the country e.g., Patan Academy of Health Sciences, Tribhuvan University Teaching Hospital, Bir Hospital



etc. providing resources and support to these institutions. One of the notables is use of Simulation laboratory at Bir Hospital, Kathmandu. It has already trained more than 100 people across the clinical and non-clinical staffs in the health care industry. At the same time, we have successfully trained faculties and started a nation's one and only Patan Academy of Health Sciences Pediatric Intensive Care Fellowship. We have been running training programs for intensive care physicians and nurses through our collaboration committee and other projects run by our organization.

**Capacity Building of Health Care Delivery Infrastructure:** In order for systemic delivery of quality health care, health care infrastructure plays a vital role. We have help build 15 rural health post and handed over to the Ministry of Health, Nepal. We have been able to support Psychiatric care and Rehabilitation Center in Dang, and infrastructure building of Intensive care unit of *Rapti* Hospital, Dang, Nepal. Recently ANMF has supported building of hospice care unit in *Devghat*, Nepal. ANMF also supported electronic health care unit under same umbrella of *Guna Nidhi Memorial Trust* which is doing well.

**The Fight Against COVID-19:** ANMF has been instrumental in the fight against COVID-19 in Nepal. The organization has provided medical supplies, equipment's and support to hospitals and medical institutions in the country. Additionally, it has conducted awareness campaigns to educate people through Facebook Live streams. We have supported many hospitals with oxygen concentrators, lifesaving 50 ventilators. We also have been able to support more than 100 female community health volunteers. They were distributed across the country.

We were also able to install oxygen plants at AMDA Hospital *Damak*, *Bayalpata* Hospital, *Achham*, KIOCH *Damak* Hospital.

I am thankful for all of you and appreciate the generosity of our members and donors, well-wishers, partner organizations here in US and abroad. We are actively looking to improve our revenue sources other than traditional member-based model. Some of the new initiative is *Wall of Hearts* with Gold 5K, Platinum 10K, Diamond 20 K, Double Diamond 40K and Kohinoor 100K donations. Thanks to our enthusiastic colleagues- we have been able to start continued medical education from this 27<sup>th</sup> AGM with partnership with Binayatara Foundation BTF.



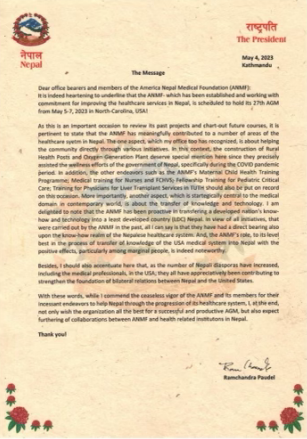
***AMERICA NEPAL MEDICAL FOUNDATION***  
120 Palencia Village Drive, Unit 105, Box 103 St. Augustine, FL 32095

We noticed challenges faced by our board members given the nature of online conferences. At the same note- we realized there is increased enthusiasm for active engagement in the board. We valued everyone ideas, directions, and criticism as they are valuable for organization to move successfully when lot of new frontiers are being considered in organizational expansion. ANMF is expanding and we realize it brings its unique sets of challenges- it is inevitable. We have decided to reorganize ourselves to accommodate everyone without leaving anyone. We have decided to increase our board members capacity to 30 maxima allowed by our bylaws. We have 18 new members during year 2022 and numbers are increasing.

We truly believe in being together, someone said rightly: road to success is always under construction.

I would also like to put a note of thanks for our officers eg Binod, Bishnu, Kalpana for valuable support, guidance.

Thank You.



नेपाल  
Nepal

राष्ट्रपति  
The President

May 4, 2023  
Kathmandu

The Message

Dear office bearers and members of the American Medical Foundation (AMNF):  
It is indeed heartening to understand that the AMNF, which has been established and working with commitment for improving the healthcare services in Nepal, is scheduled to hold its 37th AGM from May 3-5, 2023 in North Carolina, USA!

In this an important occasion to review its past projects and chart-out future courses, it is pertinent to state that the AMNF has meticulously distributed to a number of areas of the healthcare system in Nepal. The past years, which witnessed health emergency, it about helping the community directly through various initiatives. In this context, the contribution of Nepal Health Camp and Health Initiatives. These diverse health activities being done have positively impacted the patients' health of the government of Nepal, especially during the COVID pandemic period. In addition, the other initiatives such as the AMNF's Hospital Data Health Training Programme, Medical Training for Nurses and KEMPs, Fellowship Training for Pediatric Critical Care, Training for Practitioners for Laser Treatment Services in US are worth to be mentioned on this occasion. More importantly, another aspect, which is strategically central to the medical domain, is contemporary health care, the transfer of knowledge and technology. I am delighted to state that the AMNF has been instrumental in conveying a diversified culture's know-how and technology to a host of developed countries like Nepal. In view of all initiatives, that were carried out by the AMNF in the past, all I can say is that they have had a direct bearing also upon and have been helpful to the Nepalese healthcare system. And, the AMNF's role, to be brief, lies in the progress of transfer of knowledge of the USA medical system into Nepal with the greatest efficacy, particularly among medical doctors, is indeed noteworthy.

Besides, I should also acknowledge here that, as the number of Nepal's citizens have increased, including the medical professionals, in the USA, they all have appropriately been contributing to strengthen the foundation of bilateral relations between Nepal and the United States.

With these words, while I commend the excellent spirit of the AMNF and its members for their tireless endeavors to help Nepal through the progression of its healthcare system, I, all the same, and with the expectation of the best for a successful and productive AGM, have also expect furthering of collaborations between AMNF and health related institutions in Nepal.

Thank you!

*Ramesh Chandra*  
Ramesh Chandra Poudel





**THE AMBASSADOR**

**EMBASSY OF NEPAL  
2730 34TH PLACE N.W.  
WASHINGTON, D.C. 20007**

May 1, 2023

Dear Board of Directors,  
America Nepal Medical Foundation,

I take this opportunity to thank you for extending me an invitation to attend the 27<sup>th</sup> America Nepal Medical Foundation (ANMF) Annual Conference, which will be held on May 5-7, 2023 in Charlotte, North Carolina, USA. Unfortunately, due to conflicting schedules, I regret to inform you that I will not be able to join you all at this highly anticipated event.

For 25 years, since its establishment in 1997, ANMF, as a voluntary and a non-profit organization, has been working continuously to advancing healthcare in Nepal through various initiatives such as infrastructure building, medical capacity building, and research promotion. The role ANMF has played among the Nepali Diaspora is commendable.

This year's theme of "Moving Forward with Networking and Coordination" is timely and appropriate, given the current global health scenario. This event provides an excellent platform for attendees to collaborate, brainstorm, and explore innovative ways to address healthcare challenges in Nepal. By leveraging networking and coordination, I am confident that this event will facilitate the sharing of experiences and the exploration of innovative solutions.

I am aware of the various projects approved by the Social Welfare Council (SWC) that ANMF has funded in recent years, such as the construction of 15 rural health posts that were handed over to the Ministry of Health and Population of the Government of Nepal, the establishment of oxygen generation plants and related equipments at various hospitals across Nepal, the establishment of a Psychiatric Care and Rehabilitation Center in Dang, and the provision of medical training to nurses and FCHVs, among others. The SAVE Lives Campaign during the COVID-19 pandemic, which included oxygen supplies across Nepal, including 3 oxygen plants and refill systems, is indeed laudable.

Please accept my apologies for not being able to attend this conference. My best wishes for the success of the 27<sup>th</sup> ANMF annual conference.

Sincerely,

Sridhar Khatri

## **Attendance List on the 27<sup>th</sup> AGM**

Bhubesh Khadka  
Bishnu Sapkota  
Santosh Sapkota  
Jivan Lamichhane  
Anil Suwal  
Narayan Neupane  
Suman R. Regmi  
Suima Aryal  
Binod Khadka  
Saroj Kandal  
Raju Century  
Ananta Subedi  
Bikash Bhattarai  
Sandesh Pandit  
Mani Lama  
Supreeti Sharma  
Hari Sharma  
Dixa N. Dhital  
Dill Bhurtel  
Rejendra P. Khanal  
Diman Lamichhane  
Vikas Pathak  
Rachana Tiwari  
Birendra Sah  
Narayan Dharel  
Narayan Bhetwal  
Dinesh Subedi  
Abindra Sigdel  
Tripti Devkota  
Anil Regmii  
Baranta Pathak  
Anugya Poudel Chattaut  
Amir Dangol  
Subekchha Aryal  
Sharina Rajbhandari  
Samyak Manandhar  
Shreedhar Paudel  
Shambhu Bhagat  
Raju Khanal  
Elizabeth Trout  
Punya Dahal  
Ganesh Chaudhary



Yoko Changak  
Hari Pokharell  
Kiren Gajurel  
Reshika Dhakal  
Deepti Sharma  
Sunil Sharma  
Libby Wilson  
Shankar Man Rai  
Kristen stueber  
Dipak Kc  
Nitesh Upadhyay  
Bed Chhatkali  
Ram Belbase  
Manish Ghimire  
Donald Blair  
Nancy Dock  
Ramesh Subedi  
Anil Shrestha  
Kalpana Shrestha  
Bhaskar Chhetri  
Krishna Khanal  
Dinesh Neupane  
Kamal Sharma  
Neelam Karki Niharika  
Chakradhar Mishra  
Binav Shrestha  
Prakash Paudel  
Rabindra Ghimire  
Barun Rai  
Subash Regmi  
Dron Bhandari  
Santosh Parajuli  
Guna Subedi  
Judy Fredericksen  
Elizabeth Trout  
Bharat Subba  
Bharat Joshi  
Shekar Prasai  
Abindra Sigdel  
Raju Khanal  
Shambhu Bhagat  
Shreedhar Paudel  
Samyak Manandhar  
Prakriti Dhakal

Vikas Pathak  
Birendra Sah  
Sanjay Bhandari  
Raju Khanal  
Bikash Gupta  
Doba Dhakal  
Raj Shrestha  
Barun Lal  
Bijaya Shrestha  
Bibhusan Basnet  
Raju Maharjan  
Bhasker Chhetri  
Sandesh Pandit  
Saroj Shrestha  
Arati Poudel  
Prajal Joshi  
Kshitiz Alekha  
Shaligram Dahal  
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