

25th ANMF Annual Meeting Report



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The Board elected Bhupesh Khadka, Binod Khadka, Kalpana Shrestha, Jivan Lamichhane, Sandesh Pandit, Santosh Sapkota, Julia Shepardson and Anil Suwal to the Executive Committee.



Emerging from Pandemics: Healthcare Opportunities In Nepal

Prepared by

Sandesh Pandit, Secretary ANMF

25th Annual Meeting Report

America Nepal Medical Foundation (ANMF) successfully conducted its 25th annual conference and Members' meeting via Zoom on September 18, 2021. The theme for this year's meeting was- Emerging from Pandemics: Healthcare Opportunities in Nepal.

Due to the COVID-19 pandemic, ANMF was unable to organize its Annual General Meeting (AGM) in person this year. Therefore, it held its AGM virtually. The meeting was live on Facebook for the public to view.

Pre-conference Panel discussion

Two panel discussions were done around the theme of the conference on the following date.

1. **State of Medical Research in Nepal and Opportunities**: A Panel Discussion on 9/4/21 at 8 PM NST. Moderated by- Dr. Diptesh Aryal and Dr. Bhupesh Khadka. Invited Panelists- Dr. Mohan Raj Sharma, Dr. Pradep Gyawalee, Dr. Abhilasha Karkey, Dr. Biraj Karmacharya and Dr. Sameer M Dixit.
2. **State of Digitalization in healthcare sector of Nepal and Opportunities**: A Panel Discussion on 9/18/21 at 8 PM NST. Moderated by- Dr. Anil Suwal and Dr. Subash Pyakurel. Invited Panelists- Dr. Roshan Pokharel, Dr. Bhagwan Koirala, Dr. Madan K Upadyay, Dr. Sangeeta Mishra, and Mr. Chhatra H Karki.

Conference

After half an hour of meet and greet session, formal meeting started with *ANMF song Video* by Anil Suwal and went live on Facebook at 8 pm EST. ANMF conveyed its heartfelt condolences to those who lost their lives and who lost their loved ones in the COVID-19 pandemic. The participants observed 30 seconds of silence to honor those who lost their lives in the COVID-19 Pandemic.

Following that President Bhupesh Khadka gave welcome remark and invited Swikriti Upadhyay to read message from Rt. Hon PM Sher Bahadur Deuba for our General Meeting.



Following this, HE Ambassador Dr Yuba Raj Khatiwada addressed the AGM.



Next ANMF Secretary Sandesh Pandit presented the secretary's report. This included the presentation of the board meeting's decision that took place on 5/10/2021 which were

- Bhupesh Khadka will serve as the President of ANMF
- Binod Khadka will serve as the vice-President of ANMF
- Sandesh Pandit will serve as the Secretary of ANMF
- Kalpana Shrestha will serve as the Treasurer of ANMF
- Jivan Lamichhane will serve as the co-treasurer of ANMF
- Two new board members Dr. Shambhu Aryal and Dr. Jivan Lamichhane will be added to the board to fill the vacancies.
- Six board members(Binod Dhungana, Marvin Brustin, Richard Katzman, Binod Khadka, Sunil Sharma, Kalpana Shrestha, Libby Wilson) had their term expired in May 2021 and all renewed their nomination to continue as the board of directors.

The above decision was presented in the members' meeting for ratification. The members' meeting unanimously approved it.

There were two recent resignations from the board members (Dr. Richard Katzman 9/13/21 and Prakash Thapaliya 9/18/21). The motion to reduce the number of the board members to 20 was proposed and was ratified by the members' meeting as well.

With this, the composition of the board and the Executive Committee will be as follows.

Board of Directors 2021



Bhupesh Khadka ,
President



Dixa Dhital



Binod Khadka, Vice-
President



Binod Dhungana



Sandesh Pandit,
Secretary



Jivan Lamichhane



Kalpana Shrestha,
Treasurer



Subodh Mallik



Santosh Sapkota,
Chair Project Com.



Bishnu Sapkota



Shambhu Aryal



Sunil Sharma



Marvin Brustin



Julia Sheperdson



Raju Century



Dinesh Subedi



Chandra C. Chataut



Anil Suwal



Ganesh Chaudary



Libby Wilson

The Executive Committee 2021



Following this, Kalpana Shrestha presented the Treasurer's report, Bhupesh Khadka presented the President's report and Bhupendra Basnet presented ANMF/Nepal President's report. Time was allocated for Q and A after each session.

Following the above presentations, Vice President Binod Khadka thanked all the donors including anonymous donors with a thank-you video.



ANMF also thanked all the organizations who contributed for Saves Lives Campaign. Those organizations were-

Metlife	
Association of Nepalis in Minnesota	
Mrirendra (Labu) Sharma (GE Executive)	
Jodi Farrell (GE match with Labu Sharma)	
Sacramento Nepalese Lions Club	
Nepali Amerian Community Center (NACC)	
Neeko Foundation	
Nepali Community at Cincinnati Ohio (NCCO)	
Lilly KC	
Kirk Stirling	
Lakeview healthcare system (Aegis medical group)	
Premier Surgical Center, LLC/ Gastrointestinal consultants of Central Florida	
Lake gastroenterology Associates, LLC	
Goodman Lantern Limited	
Camp Masala	
Multiple Donors from East Coast by Dikchhaya Pradhan	
St. Cross Episcopal Church	
Barry Threw	
Eugene-Kathmandu Sister City Association	
South Asian Student Association, Clark University	
Good Street Inc.	
Greater Sacramento Nepalese Community Center	
Sacramento Nepalese Lions Club	
American Society of Nepalese Engineers	
Pacific Northwest Hospital Medicine Association	
Silicon Valley Community Foundation	

Next VP Binod Khadka also welcomed life and annual members who have joined ANMF since our last annual meeting.

Life Members since last members meeting on 07/11/2020

DATE	FIRST NAME	LAST NAME
9/16/2021	Ramu	Kharel
7/12/2020	Bijaya	Shrestha
7/12/2020	Ram	Subedi
7/14/2020	Elina	Shakya
7/16/2020	Binaya	Rimal
7/17/2020	Tilak	Joshi
7/19/2020	Rivaan	Century
7/20/2020	Raju	Maharjan
7/20/2020	Saroj	Sigdel
7/26/2020	Soni	Srivastav
7/28/2020	Saroj	Khanal
7/30/2020	Ishanvi	Suwal
11/7/2020	Avinash	Ghimire
11/7/2020	Abesh	Niroula
11/8/2020	Aruna	Payal
11/8/2020	Shanta	Pandey
11/8/2020	Jisan	Lamichhane
11/8/2020	Parash	Pokharel
11/9/2020	Rachana (Preity)	Tiwari
11/10/2020	Ashish	Upadhayay
11/10/2020	Asmita	Bhattarai
11/10/2020	Abhash	Joshi
11/18/2020	Aseem	Chataut
12/8/2020	Richa	Belbase
12/9/2020	Siddartha	Yadav
12/13/2020	Aaron	Bhattarai
11/7/2020	Manoj	Khadka
5/7/2021	Bigyan	Bista
5/9/2021	Santosh	Shrestha
5/9/2021	Bigya	Bista
5/11/2021	Avantika	Mallik
5/11/2021	Avinav Biren	Mallik
5/30/2021	Swikrity	Upadhyay Baskota
6/1/2021	Meera	Joshi
6/29/2021	Dipti	Baral
7/12/2020	Bijaya	Shrestha

Annual Members since last members meeting on 07/11/2020

Date	First name	Last name
9/25/2020	Govind	Kafle
10/16/2020	Priyanka	Panday
12/1/2020	Nikita	Chapagain
12/1/2020	Anubhav	Thapaliya
4/30/2021	Ananda	Sapkota
5/1/2021	Katherine	Tyler
5/3/2021	Alok	Shrestha
5/10/2021	Lynn	Broaddus
5/17/2021	Daniel	Miller
8/2/2021	Shirley	Lau
9/16/2021	Sapana	Manandhar
9/16/2021	Gaurav	Katwal

SWOT (Strength, Weakness, Opportunities and Threats) Analysis of ANMF by members

Following above, Santosh Sapkota moderated a very interactive and enlightening SWOT session. Most of the present members as well as members in different “bubbles” (members who have assembled for gathering/fun while attending the annual meeting) provided valuable feedback on one or more of the SWOT topics, which is summarized below. Members also had options to put the comment on chatbox as well.

In between the interactive sessions, Santosh Sapkota described the flow of a project from submission to execution as a part of our strength.

Next, a video was shared on the update about the Koshi Oxygen plant, which was recently installed and is serving a big population in that region. The video also included a message from the Medical Superintendent of Koshi Hospital Dr. Chumanlal Das.

Also played was the video featuring the Rapti ICU project which resumed its function recently, and is now providing valuable service to people in the Rapti area. This video also included Rapti’s medical superintendent Dr. Basant Lamichhane’s message to ANMF.

Another video that was played in between this interactive session was on Ventilator training program which has been envisioned to transform into a state of the art Simulation Center

During the SWOT analysis, one of the recurrent themes was –ANMF being an all-volunteer organization is definitely a strength. However, it can also be a weakness at the same time as this set-up places significant strain on members who are having to put a lot of time and effort; this needs brainstorming among the members/board in near future.

Here is the **SWOT Summary** presented at the conclusion of the analysis.



Following the SWOT analysis, President Bhupesh Khadka made closing remarks thanking all the members for the interaction and participation and declared the conclusion of the formal program of the AGM. The members continued with the fun session, which started with Santosh Sapkota's tik-tok videos, followed by the session featuring popular singer Mr. Rupak Dotel who joined the meeting from Nepal.

Meeting adjourned in 3:00 hours.

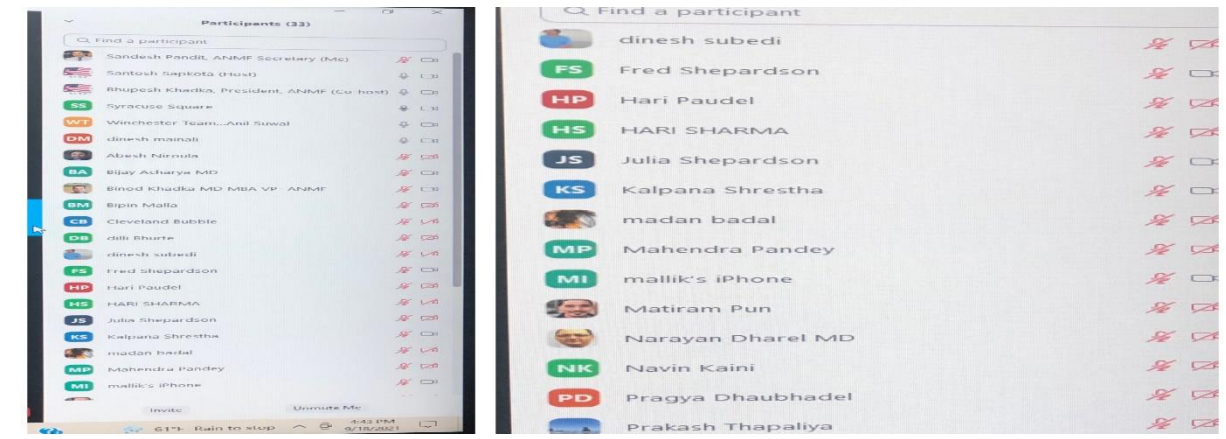
APPENDIX A- ATTENDANCE

A. Bubble attendance

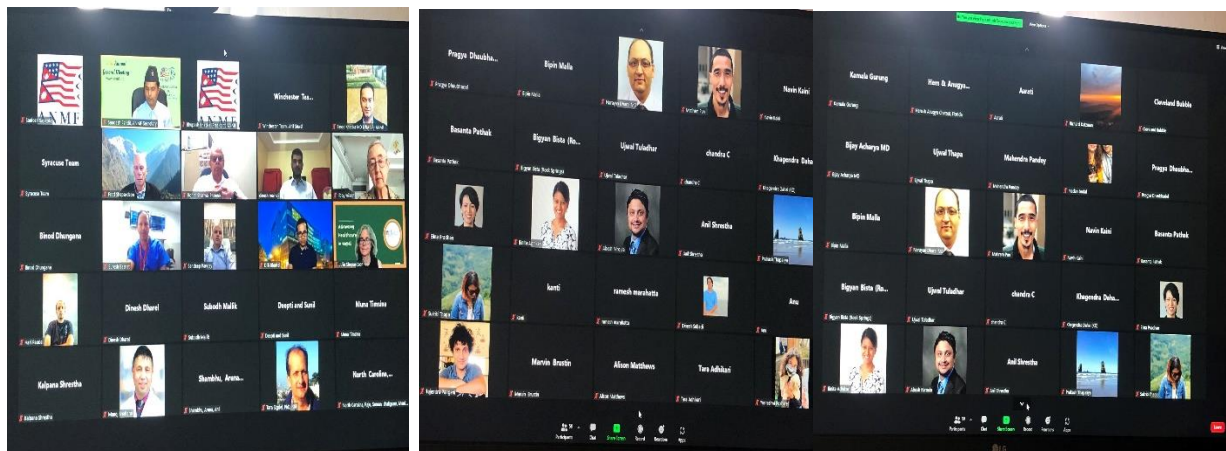
Winchester	Cleveland	North Carolina	Sayracuse
<i>Anil Suwal</i>	Ganesh Chaudary	Raju Century	Bishnu Sapkota
Rajesh Subedi	Anu Shrestha	Shaligram Dahal	Madhab Lamichhane
Guna Subedi	Dixa Dhital,	Mani Lama,	Krishan Ghimire
Nandita Subedi	Shreebatsha Dhital,	Suman Regmi,	Shradha Manandhar
Judy Fredrickson	Dirgha Raj Prasai	Suima Aryal,	Jisan Lamichhane
Monika Suwal	<u>Sneha Dhital</u>	Nirmala Gautam Century	Jivan Lamichhane
Aarnav Suwal	<u>Pramila Parajuli</u>	Rani Century,	Birendra Sah
Ishanvi Suwal,	<u>Pramod Neupane</u>	Rivaan Century	
Reeti Subedi	<u>Nagendra Neupane</u> <u>Bindhya Neupane</u>		

B. Member attendance

I. At Huddle (Snapshot at 7:43 EST)- 33



II. During the ratification 8:32 PM EST- 90 members (including all bubble members)



APPENDIX B

Here are some valuable feedback we got from our members in zoom chat box (copy and pasted as it was!)

- **Subodh Mallik**01:59:13

Kalpna. thanks for such thorough and clear Accounting.

- **Bijay Acharya MD**01:59:37

Kalpna di - you are the best. Thank you to Dinesh dai for leading this difficult work for years.

- **Elina Pradhan**02:21:43

Namaste and thank you to all presenters. Big congratulations again for all your work. It is impressive to see the number of projects that ANMF has been funding. I have two related questions: (1) What is the result and monitoring framework that guides ANMF investment? (2) In addition to outputs that were reported, how does ANMF measure and report its impact on health outcomes and quality of care in Nepal?

- **Shreedhar Paudel**02:39:52

I am so much touched by this Oxygen Plant project, which will save the lives of thousands of people in coming days.

- **Shreedhar Paudel**02:48:07

One of the challenges is to engage the members...

- **Shreedhar Paudel**02:48:23

Yes, burnout of certain members...

- **Julia Shepardson**02:51:12

We need young tech helpers who can help keep the website up to date

- **Richard Katzman**03:03:03

Regarding weaknesses of ANMF, I'd like to echo what Sunil said, and reiterate the comment I made the other day about considering the need for a paid director/manager position. In some ways being an all volunteer organization is a weakness as well as an acknowledged strength. Another weakness is reflected in the two ?s asked above in the Chat by Elina Pradhan, which are difficult to answer clearly, even after all these years and hundreds of projects supported.

- **sbasnet's iPhone**03:09:56

Congratulations!Hello from nepal. This is Sangita Basnet

- **sbasnet's iPhone**03:29:36

Fred's map says it all - re follow up

- **Santosh Sapkota**03:39:20

Thank you everyone for your input. Please continue to share your feedback even during the cultural program. This is very enlightening.

- **Shreedhar Paudel**03:42:05

Great points: ANMF will benefit from the follow up updates with the projects funded.

- **Kalpana Shrestha**03:49:41

opportunity- attract non medical memners. Deemphasize on medical doctors

- **Basanta Pathak**03:51:11

I believe we do have lot of non medical life members

- **Binod Khadka MD MBA VP- ANMF**03:51:19

Thank You to All for all your valuable input, and Also Great Seeing all and Looking forward to meet in person hopefully in next conference.

- **Abesh Niroula**03:58:13

Thank you all for another great meeting.Small comment.I agree with previous suggestions of investing in ANMF website. Website is a valuable tool to attract donors, and for all members to track ANMF activities. I would like to recommend a digital marketing solution based in nepal who can provide services in a reasonable way.<https://www.act360.com.np/>Of course this is only an example of one solution. If anyone else has other solutions, those can be vetted as well.But I would second prior suggestions from multiple members that website needs to be professionally managed to make it attractive for donors. Amount of work ANMF does and how important it is, I think it deserves some investment in website management.

- **Khagendra Dahal (KD)**04:04:21

Thank you all for great meeting and entertainment program! Congratulations on the 25th 🎉🎊🎋🎌🎍🎎🎏🎐🎑🎒🎓🎔🎕🎖🎗🎘🎙🎚🎛🎜🎝🎞🎟🎠🎡🎢🎣🎤🎥🎦🎧🎨🎩🎪🎫🎬🎭🎮🎯🎰🎱🎲🎳🎴🎵🎶🎷🎸🎹🎺🎻🎼🎽🎾🎿🏀🏁🏂🏃🏄🏅🏆🏇🏈🏉🏊🏋🏌🏍🏎🏏🏐🏑🏒🏓🏔🏕🏖🏗🏘🏙🏚🏛🏜🏝🏞🏟🏠🏡🏢🏣🏤🏥🏦🏧🏨🏩🏪🏫🏬🏭🏮🏯🏰🏱🏲🏳🏴🏵🏶🏷🏸🏹🏺🏻🏼🏽🏾🏿👤👥👦👧👨👩👪👫👬👭👮👯👰👱👲👳👴👵👶👷👸👹👺👻👼👽👾👿👀👂👃👄👅👆👇👈👉👊👋👌👍👎👏👐👄👅👆👇👈👉👊👋👌👍👎👏👐

- **Richard Katzman**04:15:58

Great evening! See you when the projects committee gets together. Raamro saaga basnos.